CATO

CALIFORNIA ASSOCIATION OF TACTICAL OFFICERS

Tactical Rope Access Course

Date: **Jan 25-28, 2027**

POST Control #: **1185-33577-26001**

POST Plan: **N/A**

Tuition: **$1,217.00**

Location: **Central NET Training Center**
18301 Gothard St
Huntington Beach, CA 92648

COURSE DESCRIPTION: The purpose of the Tactical Rope Access Course (TRAC) is to provide SWAT team members and SWAT medics with vertical access capabilities applicable to a full spectrum of environments (urban through mountain) and variable operational constraints. The course covers new equipment technology, rope access standards, descending, ascending, rescue, anchors, and more. Throughout the course students will use the PACE (Primary, Alternate, Contingency, Emergency) methodology. TRAC techniques and equipment selection takes into account that many end users are not full time “rope-handlers”, where vertical access or rescue may not be their primary, secondary or even tertiary team function. For this reason, we deemphasize many “hallmarks” of traditional courses such as memorizing numerous and complicated knots. We prefer to teach various wraps and hitches due to their inherent ease to recall, execute, and utilize under the innate stressors of high-risk tactical operations

COURSE INSTRUCTORS: The course cadre is led by Dana Vilander, a 32-year veteran of the Los Angeles County Sheriff’s Department where he spent over 25 years at the Special Enforcement Bureau working K9, SWAT, Air Rescue/SAR and SWAT Paramedic. Dana has more than 25 years training both U.S. and international tactics, tactical medicine, rope access and rescue, and helicopter operations.

STUDENTS ARE REQUIRED TO BRING:

- Bump helmet
- Harness
- Gloves
- Any agency issued rope equipment
- Tactical gear to include weapons and NVGs if available

TRAVEL AND LODGING: This course will begin at 0800 on the first day and conclude at approximately 1700 on the last day. There is not a host hotel for this course

Register online at catotraining.org

Questions? Contact CATO’s Training Coordinator
Desiree Harrington: dharrington@catotraining.org